



*The therapy
you need
when you
need it*

At Berks Visiting Nurse Association, Visiting Nurse Association of Pottstown, and Greater Lehigh Valley Visiting Nurse Association we're proud of our long tradition of providing comprehensive

rehabilitation therapies in the home to patients in Berks, Montgomery, Lehigh and surrounding counties. Our goal is to provide your patients with the therapy to increase their safety and independence in the home and to increase ambulation skills, strength, range of motion and decrease pain. Our therapists are dedicated professionals committed to providing the highest quality of care.

We provide services from Physical and Occupational Therapists as well as Speech and Language Pathologists.

Our goal is to work with patients, families, and physicians to promote improved functional abilities from movement to sensory perception to language and communication.

We provide care to maximize function to achieve as much independence as possible.

compassionate



HOME HEALTH CARE MANAGEMENT
Berks Visiting Nurse Association
Visiting Nurse Association of Pottstown
Greater Lehigh Valley Visiting Nurse Association



knowledgeable

*Rehabilitation
Therapy
Program*



**Berks Visiting
Nurse Association**
610-378-0481
610-378-5429 - Fax



**Visiting Nurse Association
of Pottstown & Vicinity**
610-327-5700
610-327-5701 - Fax



**Greater Lehigh Valley
Visiting Nurse Association**
610-395-2500
610-432-1675 - Fax



Electric Stimulation

Electric Stimulation is provided by our Physical Therapists for the acceleration of wound healing. Electrical Stimulation is an established therapeutic regimen to speed healing, reduce swelling, decrease pain, and increase blood flow to the treated areas.

Vital Stimulation Therapy

(Berks Visiting Nurse Association only) – This is a new, FDA approved modality for the treatment of Dysphagia or difficulty swallowing. This modality provides external neuromuscular electrical stimulation to the neck area, in conjunction with functional swallowing exercises provided by the Speech and Language Pathologist, to re-educate and strengthen weakened swallowing muscles. While traditional swallowing therapy compensates for lost functions, Vital Stimulation Therapy can actually improve function. Vital Stimulation can only be administered by a Speech and Language Pathologist that has been certified specifically in Vital Stimulation Therapy.



Specialized Services

- Physical Therapy for Post Operative Joint Replacement
- Fall Prevention Program
- Home Safety Evaluation
- ESTIM
- VSTIM (BVNA ONLY)
- COPD
- CHF
- Stroke
- Strength Training
- Manual Lymphedema Drainage (VNAP only)

committed



Our Family Caring For Your Family

Manual Lymph Drainage

Manual Lymph Drainage is manual manipulation of lymph fluid and tissue to enhance the uptake and elimination of excess fluid by the lymph system. It is one of the treatments used for a patient with Lymphedema. It is a gentle manual technique, that is a potent way to activate the lymphatic system, especially when the transport capacity of the lymph vessel is reduced because of prior surgery and/or radiation therapy.



Benefits of In Home Therapy Services

- Individual Sessions and Creative Plan of Care – True One on One
- Individual Comprehensive Assessments Creating Mutual Goals and Expected Outcomes
- Real Life Settings
- Teamwork
- Family and Caregiver Involvement

experienced